

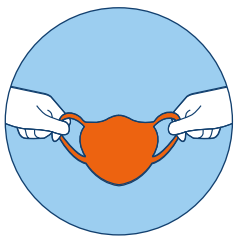
Tips for wearing face masks

If worn correctly, face masks offer an additional layer of protection for preventing the spread of COVID-19. Follow the tips below to help ensure that you are wearing, removing, and reusing your mask properly.

Properly wearing a mask can help protect both you and those around you from getting sick. It is important that you follow infection prevention precautions when putting on and taking off the mask, including washing your hands with soap and water or using hand sanitizer before and after touching, adjusting or removing your mask.



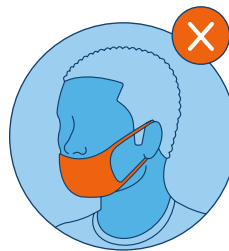
Wash your hands for at least 20 seconds before and after putting on your mask.



To secure mask, fasten the ties at the middle of your head and neck or place the loops around your ears.



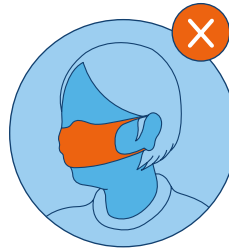
Fit the flexible band across the bridge of your nose and fix the bottom of the mask snugly below your chin.



Do not wear the mask below your nose.



Avoid touching the front of your mask.



Do not leave your chin exposed.



Do not push your mask under your chin to rest on your neck.