



Employee Benefit Review Committee

Meeting Summary

September 11, 2023

Marea Filmer called the meeting to order at 2:00 pm.

Introductions

18 EBRC members were in attendance.

Purpose of EBRC

SIG's Executive Director, Kelli Hanson reviewed Regulation 3015:

- Bi-monthly meeting held during school year
- Participation in benefit planning projects
- Provide feedback to board
- Elect two co-chairs – representing Placer and Nevada Counties
- Attendance required at previous two meetings in order to vote
- Meeting summary and co-chair input reviewed by Executive Committee

2023-24 EBRC Adjustments

Kelli Hanson and Marea updated members on meeting format adjustments for 2023-24. As an advisory committee, EBRC is not subject to the Brown Act. Therefore, more flexibility is allowed including attendance via Zoom. Regular meeting content will include a focus on carrier resources. Marea reminded members they are a liaison between SIG and their district employees. EBRC is a friendly and supportive group and all voices are welcome.

Co-Chair Selection Process

SIG is looking for a Placer County district EBRC member to serve as co-chair with Marea. It was suggested to develop an email to send out to notify districts of the vacancy. Bring nominations to the 11/13/23 meeting where members will review and choose a new co-chair.

Reminder: Fill out the EBRC Request to Participate Form if a new member.

Proposed Calendar and Topic Overview

Members reviewed the proposed 2023-24 EBRC Calendar topics with no additions.

Jessica from Gallagher asked if members would be interested in a 2-3 hour hospital tour at Kaiser's Roseville Medical Center. About 10 members expressed interest.

UnitedHealthcare 2024 Medicare Plan Renewal

Tracie from Gallagher presented the UHC Medicare Advantage PPO renewal for 2024. The initial 3.76% rate increase was negotiated down to a rate pass. Rates will remain at \$372 per member per month for 2024. Currently there are 263 retirees and spouses enrolled in this plan. Benefit enhancements effective 1/1/24 include:

- Expanded availability of continuous glucose monitors (CGMs)
- Let's Move Wellness Program
- Marriage and family therapy
- No Rx cost share after reaching true-out-of-pocket (TrOOP) maximum

Open enrollment for interested retirees is scheduled from 10/20-11/20/23 and will be coordinated with the district benefit coordinators.

Overview of new EAP program - SupportLinc

Jessica and Amy reviewed the new EAP program that replaced ComPsych on 9/1/23. Prior access to care issues combined with a national shortage of mental health providers necessitated the search for a new EAP vendor. Key benefits of SupportLinc include:

- Several points of access for members – phone, email, live chat, text
- 24/7/365 availability
- 24-48 hour response time for referrals
- Short-term counseling of up to 3 visits per incident
- Textcoach – allows easy access to emotional wellbeing coach
- Digital support group – stress, grief, caregiving, addiction, sleep fitness
- Work/Life Benefits – legal, financial, ID theft, dependent & elder care assistance
- Convenience referrals – home improvement, moving, travel, retirement coach
- Animo – self guided digital behavioral health
- Utilization reports will be provided to district HR contact

EBRC members are encouraged to login and explore the website and app. Communication tool kit is available online. Wallet cards and posters are available through SIG by reaching out to Amy. All employees and immediate family members may utilize SupportLinc. If a current member contacts ComPsych in error, they will be referred to SupportLinc customer service.

Network Support Concept

Marea asked if there would be interest in setting up an open forum to help EBRC members share helpful information with each other. It can be an open discussion of topics, for example Escape or Open Enrollment. Using a platform like Listserv or possibly Google, members could ask questions of other members electronically or share PowerPoints or lunch & learn topic ideas. It could also be used to host a bi-annual roundtable discussion. Kelli offered to research a possible platform. SIG will include it as an agenda item for future meetings.

For the Good of the Order

Reminder to forward meeting summary to employees and retirees and ask for questions or feedback.

Adjournment

Meeting was adjourned at 2:59. Next meeting will be Monday, November 13, 2023 at 2pm.