

#### Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services Sutter Health Plan: Peak ML86 HMO

Coverage Period: 07/01/2025 – 06/30/2026 Coverage for: Large Group | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact Sutter Health Plan at 1-855-315-5800 or visit <u>sutterhealthplan.org</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u> (copay), <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary of Health Coverage and Medical Terms. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-855-315-5800 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<b>\$1,000</b> individual / <b>\$1,000</b> individual family member / <b>\$2,000</b> family for certain medical services per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and other services as indicated in the chart starting on page 2 are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> (copay) or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$3,000</b> individual / <b>\$3,000</b> individual family member / <b>\$6,000</b> family per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, health care this <u>plan</u> doesn't cover and <u>cost sharing</u> for optional benefits (acupuncture and chiropractic care) elected by your employer group.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

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Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.sutterhealthplan.org/provider</u> <u>-search</u> or call 1-855-315-5800 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

# All <u>copayment</u> (copay) and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pa	Limitations, Exceptions & Other		
Common Medical Event	Services You May Need	Participating Provider	Participating Provider Provider Provider		
	<u>Primary Care Physician</u> (PCP) Visit to treat an injury or illness	PCP Office Visit: \$20 copay per visit Sutter Walk-in Care Visit: \$10 copay per visit Telehealth Visit: \$10 copay per visit <u>Deductible</u> does not apply	Not covered	Includes Other Health Professional visits. *See Definitions section in EOC for list of Other Health Professionals.	
If you visit a health care <u>provider's</u> office or clinic	<u>Specialist</u> Visit	<u>Specialist</u> Office Visit: \$20 copay per visit Telehealth Visit: \$10 copay per visit <u>Deductible</u> does not apply	Not covered	Prior authorization for some <u>referrals</u> to <u>specialists</u> is required. If it is not received, you may be responsible for paying all charges.	
	<u>Preventive Care</u> / <u>Screening</u> / Immunization	No charge <u>Deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic Test</u> (X-ray, blood work)	Lab: \$20 copay per visit X-ray: \$10 copay per procedure <u>Deductible</u> does not apply	Not covered	Prior authorization for some diagnostic services is required. If it is not received, you may be responsible for paying all	
	Imaging (CT/PET scans, MRIs)	\$50 copay per procedure <u>Deductible</u> does not apply	Not covered	charges.	

		What You Will Pa	Limitations, Exceptions & Other		
Common Medical Event	non Medical Event Services You May Need Participating Provider Non-Participating Provider Provider			Important Information	
	Tier 1 (Most generic drugs and low-cost preferred brand name drugs)	Retail: \$10 copay per prescription Mail Order: \$20 copay per prescription <u>Deductible</u> does not apply	Not covered	Retail: covers up to a 30-day supply through a CVS Health® National Network pharmacy and covers up to a 100-day supply of maintenance drugs, at two times the retail copay, through the CVS Health Retail-90 Network.	
If you need drugs to treat your illness or condition For information about prescription drug coverage, including the Sutter Health Plan (SHP) <u>formulary</u> , visit	Tier 2 (Preferred brand name drugs and non-preferred generic drugs)	Retail: \$30 copay per prescription Mail Order: \$60 copay per prescription <u>Deductible</u> does not apply	Not covered	Mail Order/home delivery service: covers up to a 100-day supply of maintenance drugs, at two times the retail copay, through the CVS Caremark <sup>®</sup> Mail Service Pharmacy. Specialty Pharmacy: covers up to a 30-	
www.sutterhealthplan.org/p harmacy or call CVS Caremark <sup>®</sup> at 1-844-740- 0635.	Tier 3 (Non-preferred brand name drugs)	Retail: \$60 copay per prescription Mail Order: \$120 copay per prescription <u>Deductible</u> does not apply	Not covered	<ul> <li>day supply of <u>specialty drugs</u> through CVS Specialty<sup>®</sup>. <u>Specialty drugs</u> are not exclusive to Tier 4 and, regardless of tier placement, have the same fill requirements.</li> <li>*See SHP <u>formulary</u> or the Outpatient Proceeding Drugs Supplies Equipment</li> </ul>	
	Tier 4 ( <u>Specialty drugs</u> )	Specialty Pharmacy: 20% <u>coinsurance</u> up to \$100 per prescription <u>Deductible</u> does not apply	Not covered	Prescription Drugs, Supplies, Equipment and Supplement section in EOC for any SHP policy requirements such as prior authorization and step therapy, or coverage limitations and exceptions.	
If you have outpatient	Facility Fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	Not covered	Prior authorization is required. If it is not received, you may be responsible for	
surgery	Physician / Surgeon Fee	20% coinsurance	Not covered	paying all charges.	

		What You Will Pa	Limitations, Exceptions & Other		
Common Medical Event	Services You May Need	Participating Provider	Non-Participating Provider	Important Information	
	Emergency Room Care	Facility: 20% <u>coinsurance</u> Professional: 20% <u>coinsurance</u>		If admitted to the hospital, Emergency Room Care cost sharing will not apply. See hospital stay information below for applicable cost sharing.	
If you need immediate	Emergency Medical Transportation	No charge		Transportation by car, taxi, bus, gurney van, wheelchair van, and any other type of transportation (other than a licensed ambulance or psychiatric transport van) is not covered.	
medical attention	<u>Urgent Care</u>	\$20 copay per visit <u>Deductible</u> does not apply		For in-area <u>Urgent Care</u> , visit your Medical Group's contracted <u>Urgent Care</u> facility. For Out-of-Area <u>Urgent Care</u> , visit the nearest <u>Urgent Care</u> facility. Behavioral health crisis services provided by a 988 center or mobile crisis team, or other providers of behavioral health crisis services is covered in and out-of- <u>network.</u>	
	Facility Fee (e.g., hospital room)	hospital 20% <u>coinsurance</u> No		Prior authorization may be required. If it is not received, you may be responsible	
lf you have a hospital stay	Physician / Surgeon Fees	20% <u>coinsurance</u>	Not covered	for paying all charges. Services that are part of a CARE agreement or plan approved by a court, or behavioral health crisis services from a 988 center or mobile crisis team or other providers of behavioral health crisis services, are covered in or out-of- <u>network</u> and without prior authorization.	

		What You Will Pa	Limitations, Exceptions & Other		
Common Medical Event	Services You May Need	Participating Provider	Non-Participating Provider	Important Information	
If you need mental health, behavioral health, or substance use disorder (MH/SUD) services For information, call U.S.	Outpatient Services	Individual Office Visit: \$20 copay per visit; <u>deductible</u> does not apply Group Office Visit: \$10 copay per visit; <u>deductible</u> does not apply Telehealth Office Visit: \$10 copay per visit; <u>deductible</u> does not apply Other Outpatient Services: 20% <u>coinsurance</u>	Not covered	You may self-refer to a USBHPC provider for Office Visits. Prior authorization is required for Other Outpatient Services and all Inpatient Services by USBHPC. If it is not obtained when required, you may be liable for the payment of services or supplies.	
Behavioral Health Plan, California (USBHPC) at 1- 855-202-0984 or visit <u>www.liveandworkwell.com</u> (access code: "Sutter").	Inpatient Services	Facility: 20% <u>coinsurance</u> Professional: 20% <u>coinsurance</u>	cility: 20% <u>coinsurance</u>		
If you are pregnant	Office Visits	Prenatal and Postnatal Care (In- person or telehealth visit): No charge <u>Deductible</u> does not apply	Not covered	Prenatal and Postnatal Care includes all prenatal office visits and the first postnatal office visit. Refer to the PCP Visit <u>cost sharing</u> for all subsequent postnatal office visits. Maternity care may include tests and services described elsewhere in the SBC (e.g., <u>Diagnostic Tests</u> such as ultrasounds and blood work).	
	Childbirth / Delivery Professional Services	20% coinsurance	Not covered	None	
	Childbirth / Delivery Facility Services	20% <u>coinsurance</u>	Not covered	INOUG	
	Home Health Care	No charge <u>Deductible</u> does not apply	Not covered		

		What You Will Pa	Limitations, Exceptions & Other		
Common Medical Event	mmon Medical Event Services You May Need Participating Provider Non-Participatir Provider		Non-Participating Provider	Important Information	
	Rehabilitation Services	\$20 copay per visit <u>Deductible</u> does not apply	Not covered	Prior authorization is required. If it is not received, you may be responsible for paying all charges.	
	Habilitation Services	Not covered	Not covered	Quantitative limits exist for the following services:	
lf you need help	Skilled Nursing Care	20% <u>coinsurance</u>	Not covered	<u>Home Health Care</u> – 100 visits per calendar year.	
recovering or have other special health needs	Durable Medical Equipment	20% <u>coinsurance</u>	Not covered	<u>Skilled Nursing Care</u> – 100 days per benefit period. *See Skilled Nursing Facility Care section in EOC for	
	Hospice Services	No charge <u>Deductible</u> does not apply	Not covered	additional information. <u>Hospice Services</u> – respite care is occasional short-term inpatient care limited to no more than five consecutive days at a time.	
If your child needs dental or eye care	Children's Eye Exam	No charge <u>Deductible</u> does not apply	Up to \$45 max reimbursement	Quantitative limits exist for the following	
For more information, contact Vision Services	Children's Glasses	Not covered Not cove		children's services: Eye Exam – 1 preventive exam per	
Plan (VSP) at 1-800-877- 7195.	Plan (VSP) at 1-800-877- 7195. Children's Dental Check-up Not covered		Not covered	calendar year.	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan Evidence of Coverage (EOC) for more information and a list of any other excluded services.)				
<ul> <li>Commercial weight loss programs</li> <li>Cosmetic surgery</li> <li>Dental care (Adult)</li> <li><u>Habilitation services</u></li> </ul>	• •	Hearing aids Infertility treatment Long-term care	<ul> <li>Non-emergency care when traveling outside the U.S.</li> <li>Private-duty nursing</li> <li>Routine foot care</li> </ul>	

Abortion	٠	Bariatric surgery	•	Routine eye care (Adult) limited to an annual
Acupuncture provided as an optional benefit through ACN Group of California (ACN) for <u>medically necessary</u> services. See the ACN Schedule of Benefits for additional information. This optional benefit is in addition to acupuncture embedded in the medical <u>plan</u> that is typically provided only for the treatment of nausea or chronic pain where a PCP <u>referral</u> and prior authorization are required.	•	Chiropractic care provided as an optional benefit through ACN Group of California (ACN) for <u>medically necessary</u> services; separate from medical <u>plan</u> .		preventive eye exam through VSP; embedded ir medical <u>plan</u> .

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The Department of Managed Health Care at **1-888-466-2219** or <u>www.dmhc.ca.gov</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you, too, including buying individual insurance coverage through California's <u>Health Insurance Marketplace</u>, Covered California, at 1-800-300-1506 or <u>www.coveredca.com</u>. For more information about the <u>Marketplace</u>, visit <u>healthcare.gov</u> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> (\*See If You Have A Concern Or Dispute With SHP section in EOC for information about grievances) or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Sutter Health Plan at **1-855-315-5800 (TTY: 1-855-830-3500)** or California Department of Managed Health Care at **1-888-466-2219 (TTY: 1-877-688-9891)** or <u>www.dmhc.ca.gov</u>.

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Please see Notice of Language Assistance addendum.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> (copays) and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	
(9 months of in-network prenatal care and	а
hospital delivery)	

The <u>plan's</u> overall <u>deductible</u>	\$1,000
Specialist copayment	\$2
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Office Visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services (*anesthesia*) <u>Diagnostic Tests</u> (*ultrasounds and blood work*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductible</u>	\$1,000
Copayments	\$90
Coinsurance	\$1,500
What isn't covered	
Limits or excluded services	\$60
The total Peg would pay is	\$2,650

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$1,000
Specialist copayment	\$20
Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like: <u>Primary Care Physician</u> Office Visits (including disease education) <u>Diagnostic Tests</u> (blood work) Prescription Drugs (including glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<u>Cost Sharing</u>	
Deductible	\$0
<u>Copayments</u>	\$1,200
Coinsurance	\$0
What isn't covered	
Limits or excluded services	\$20
The total Joe would pay is	\$1,220

Mia's Simple Fracture (in-network emergency room visit and followup care)

The plan's overall deductible	\$1,000
Specialist copayment	\$20
Hospital (facility) <u>coinsurance</u>	20%
Other coinsurance	20%

## This EXAMPLE event includes services like:

Emergency Room Care (including medical supplies) Diagnostic Tests (X-ray) Durable Medical Equipment (crutches) Rehabilitation Services (physical therapy)

Total Example Cost	\$2,800
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#### In this example, Mia would pay:

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Cost Sharing		
<u>Deductible</u>	\$1,000	
<u>Copayments</u>	\$100	
Coinsurance	\$200	
What isn't covered		
Limits or excluded services	\$0	
The total Mia would pay is	\$1,300	



## Notice of Language Assistance

IMPORTANT: Can you read this? If not, Sutter Health Plan can have somebody help you read it. You may also be able to get this written in your language. For no-cost help, please call Sutter Health Plan Customer Service at 855-315-5800 (TTY 855-830-3500). (English)

IMPORTANTE: ¿Puede leer esto? Si no puede, Sutter Health Plan puede proporcionarle a alguien que lo ayude a leerlo. También puede obtener este documento en su idioma. Llame al Servicio de Atención al Cliente de Sutter Health Plan al 855-315-5800 (TTY 855-830-3500). (Spanish)

重要事項:您能閱讀這些內容嗎?如果不能閱讀,Sutter Health Plan 可以安排人員幫助您閱 讀。您還可能可以獲得以您的語言編寫的這些內容。如需免費幫助,請致電 Sutter Health Plan 客戶服務部,電話號碼:855-315-5800 (TTY 855-830-3500)。(Chinese)

ملاحظة مُهمَّة: هل بمقدورك قراءة هذا؟ إذا لم تكُن قادرًا على ذلك، يُمكن لخطَّة Sutter Health Plan أن تأتي بشخص يُساعدك على قراءته. كذلك قد يكون من المُمكن تزويدك بنُسخة منه مكتوبة بلُغتك. للحصول على مُساعدة مجّانية، يُرجى الاتصال بخدمة العُملاء التابعة لخطَّة Sutter Health Plan على هاتف 310-315-358 (أو بخط الكتابة عن بُعد [TTY] Arabic). (Arabic)

ԿԱՐԵՎՈՐ Է. Կարո՞ղ եք սա կարդալ։ Եթե ոչ, Sutter Health Plan-ը կարող է տրամադրել մեկին, ով կօգնի Ձեզ կարդալ այն։ Դուք կկարողանաք նաև ստանալ այն գրված Ձեր լեզվով։ Անվճար օգնության համար զանգահարեք Sutter Health Plan-ի Հաճախորդների սպասարկման բաժին՝ 855-315-5800 (TTY 855-830-3500) հեռախոսահամարով։ (Armenian)

សំខាន់៖ តើអ្នកអាចអានដាច់ទេ? បើអានមិនដាច់ទេ Sutter Health Plan អាចឲ្យគេជួយអ្នកអានបា នា អ្នកក៍ប្រហែលដាអាចទទួលបានឯកសារនេះសរសេរជាភាសារបស់អ្នកផងដែរ។ សម្រាប់ជំនួយ ដោយឥតគិតថ្លៃ សូមហៅទៅកាន់ផ្នែកសេវាអតិថិជន Sutter Health Plan តាមលេខ 855-315-5800 (TTY 855-830-3500)។ (Cambodian)

نكته مهم: آيا مى توانيد اين مطلب را بخوانيد؟ اگر نمى توانيد، Sutter Health Plan مى تواند از فردى كمك بگيرد تا آن را برايتان بخواند. همچنين امكان دريافت اين مطالب به زبان شما وجود دارد. براى دريافت كمك به صورت رايگان، لطفاً با خدمات مشتريان Sutter Health Plan از طريق شماره تلفن (3500-830-855) TTY) 5800-315-585 تماس بگيريد. (Farsi)

महत्वपूर्ण: क्या आप इसे पढ़ सकते/ती हैं? यदि नहीं, तो सट्टर हेल्थ प्लान (Sutter Health Plan) इसे पढ़ने में किसी से आपकी सहायता करवा सकता है। आप इसे अपनी भाषा में भी लिखवा सकते/ती हैं। निःशुल्क सहायता के लिए, कृपया Sutter Health Plan ग्राहक सेवा को 855-315-5800 (TTY 855-830-3500) पर कॉल करें। (Hindi)

TSEEM CEEB: Koj puas tuaj yeem nyeem qhov no tau? Yog tias tsis tau, Sutter Health Plan tuaj yeem kom ib tus neeg pab koj nyeem nws. Tsis tas li ntawd, tej zaum koj kuj tseem tuaj yeem tau txais qhov no sau ua koj hom lus thiab. Yog xav tau kev pab dawb, thov hu rau Sutter Health Plan Lub Chaw Pab Cuam Qhua ntawm 855-315-5800 (TTY 855-830-3500). (Hmong)

重要: こちらの文書が読めますか? 読むのが難しいときは、サッター ヘルス プランが読む のをお手伝いするスタッフを手配します。また、これを日本語で書いてもらうこともできま す。無料でのサポートをご利用いただくには、電話 855-315-5800 (TTY 855-830-3500)、 サッター ヘルス プラン カスタマー サービスにご連絡ください。(Japanese)

중요 사항: 이것을 읽으실 수 있습니까? 만약 읽으실 수 없는 경우, Sutter Health Plan 은 귀하가 읽으실 수 있도록 다른 사람을 시켜 도와 드릴 수 있습니다. 또한 이 내용을 자신이 사용하는 언어로 작성하도록 하실 수도 있습니다. 비용 부담 없이 도움을 받으시려면 Sutter Health Plan 고객 서비스에 전화를 하십시오. 전화: 855-315-5800 (TTY 855-830-3500). (Korean)

ສຳຄັນ: ທ່ານສາມາດອ່ານຂໍ້ຄວາມນີ້ໄດ້ບໍ? ຖ້າບໍ່ໄດ້, Sutter Health Plan ສາມາດໃຫ້ຄົນຊ່ວຍທ່ານອ່ານ ຂໍ້ຄວາມນີ້. ນອກຈາກນີ້, ທ່ານຍັງອາດຈະສາມາດຂໍໃຫ້ຂຽນເປັນພາສາຂອງທ່ານໄດ້. ຫາກຕ້ອງການການ ຊ່ວຍເຫຼືອໂດຍບໍ່ມີຄ່າໃຊ້ຈ່າຍ, ກະລຸນາໂທຫາຝ່າຍບໍລິການລູກຄ້າຂອງ Sutter Health Plan ທີ່ເບີ 855-315-5800 (TTY 855-830-3500). (Laotian)

ਮਹੱਤਵਪੂਰਨ: ਕੀ ਤੁਸੀਂ ਇਸ ਨੂੰ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇ ਨਹੀਂ, ਤਾਂ ਸੱਟਰ ਹੈਲਥ ਪਲਾਨ (Sutter Health Plan) ਇਸ ਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦਾ ਹੈ। ਤੁਸੀਂ ਇਸ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖਵਾ ਸਕਦੇ ਹੋ। ਬਿਨਾਂ ਲਾਗਤ ਦੇ ਮਦਦ ਲਈ, ਕਿਰਪਾ ਕਰਕੇ ਸੱਟਰ ਹੈਲਥ ਪਲਾਨ ਦੀ ਗਾਹਕ ਸੇਵਾ ਨੂੰ 855-315-5800 (TTY 855-830-3500) 'ਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

ВАЖНО. Вы можете это прочитать? Если нет, Sutter Health Plan может предоставить вам того, кто сможет помочь вам прочитать это. Вы также можете получить этот документ в письменной форме на своём языке. Для бесплатной помощи позвоните в отдел обслуживания клиентов Sutter Health Plan по телефону 855-315-5800 (TTY 855-830-3500). (Russian)

MAHALAGA: Nababasa mo ba ito? Kung hindi, maaari kang bigyan ng Sutter Health Plan ng taong makakatulong sa iyo na basahin ito. Maaari mo ring hilingin na ipasulat ito sa iyong wika. Para sa walang bayad na tulong, mangyaring tumawag sa Sutter Health Plan Customer Service sa 855-315-5800 (TTY 855-830-3500). (Tagalog)

หมายเหตุ: คุณอ่านข้อความนี้ออกหรือไม่ ถ้าหากคุณอ่านไม่ออก Sutter Health Plan สามารถให้คนมาช่วยคุณ

้อ่านได้ นอกจากนี้ คุณยังสามารถขอรับเนื้อหานี้เป็นภาษาของคุณได้อีกด้วย หากคุณต้องการความช่วยเหลือโดย

้ไม่มีค่าใช้จ่าย กรุณาติดต่อ Sutter Health Plan Customer Service ได้ที่ 855-315-5800

(TTY 855-830-3500) (Thai)

QUAN TRỌNG: Quý vị có thể đọc thông tin này không? Nếu không, Sutter Health Plan có thể yêu cầu ai đó đọc giúp cho quý vị. Quý vị cũng có thể nhận được thông tin này dưới dạng văn bản bằng ngôn ngữ của quý vị. Để được hỗ trợ miễn phí, vui lòng gọi cho ban Dịch Vụ Khách Hàng của Sutter Health Plan theo số 855-315-5800 (TTY 855-830-3500). (Vietnamese)